

SANATA MAGAZINE 2022

We often need to refer to resources when trying to explain what the arts therapies are. This Magazine will be a South African resource that we can all use when advocating, talking about, and negotiating for positions in care facilities, hospitals, etc. We are still looking for ideas regarding the name of the magazine. The Canadian Art Therapy Association (CATA) has been really helpful in sharing their journey to publishing their magazine (Envisage) with us. (Please follow the link to have a look at their magazine, <https://www.canadianarttherapy.org/magazine>). We also hope to attract more traffic to our website with the magazine, leading to more people gaining exposure to SANATA and ultimately more people visiting the therapist directory.

We are also hoping to create interest in writing about our work. For those who are still looking to gain confidence in writing this is an ideal opportunity.

The theme of the first issue: Access

The theme is so we have a thread that creates a flow between the various submissions of the issue. If you think about access, it can be anything from "access to mental health", "access to training opportunities", "the access to our inner worlds and understanding of self and other through the arts", etc. These are just a few examples.

We kept the theme fairly open to interpretation for members to really make it their own.

Possible submissions

Submissions can include anything from clinical case studies (with consent from clients), poetry, book reviews/reports, self-reflective pieces, artworks, photography, multi-media submission such as video/audio clips. (Please see the infographic for more info). If you have an idea that is not necessarily listed please feel free to contact me so we can discuss it. The more variety we have within the submissions the better.

Deadline for Submissions: 11 March 2022

We will be going through a review process alongside each person who sent a submission. The aim of this is definitely not criticism, but encouragement and collaboration. Also, feel free to submit with a colleague.

Extra information discussed in the information sessions

If you have any other skills like editing, graphic design, layout, etc that you would like to offer, PLEASE contact me. This is a massive task that is going to require us all to bring our unique set of skills to the table. We have already received some assistance from people wanting to offer their sets of expertise.

I hope I have covered everything. If you have any additional input, feel free to pop me a WhatsApp (069 168 3652) or an email (communications@sanata.org). This is really an exciting venture and we hope to deliver a product/resource that will not only be useful to our members but to the greater community as well.

Sending Kindness

Nethaniëlle Mattison (Communications Chairperson)

